

UGH! CALOMEL MAKES YOU SICK! CLEAN LIVER AND BOWELS MY WAY

Just Once! Try "Dodson's Liver Tone" When Bilious, Constipated, Headachy—Don't Lose a Day's Work.

Live up your sluggish liver! Feel fine and cheerful; make your work a pleasure; be vigorous and full of ambition. But take no nasty, dangerous calomel, because it makes you sick and you may lose a day's work. Calomel is mercury or quicksilver, which causes necrosis of the bones. Calomel crashes into your bile like dynamite, breaking it up. That's when you feel that awful nausea and cramping. Listen to me! If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone. Your druggist or dealer sells you a 50-cent bottle of Dodson's Liver Tone under my personal money-back guarantee that each spoonful will clean your sluggish liver better than a dose of nasty calomel and that it won't make you sick. Dodson's Liver Tone is real liver medicine. You'll know it next morning, because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. Dodson's Liver Tone is entirely vegetable, therefore harmless and cannot sialivate. Give it to your children. Millions of people are using Dodson's Liver Tone instead of dangerous calomel now. Your druggist will tell you that the sale of calomel is almost stopped entirely here.



Watch Your Colts

For Coughs, Colic and Diarrhea, and at the first symptoms of any colic ailment, give small doses of this wonderful remedy, now the most used in existence.

SPHON'S DISTEMPER COMPOUND
50 cents and 25 cents bottles. It is the done of any druggist, harness dealer, or veterinarian. **SPHON MEDICAL CO.,** Chemists and Bacteriologists, Goshen, Ind., U. S. A.

SYRUP OF FIGS FOR A CHILD'S BOWELS

It is cruel to force nauseating, harsh physic into a sick child.

Look back at your childhood days. Remember the "dose" mother insisted on—castor oil, calomel, cathartics. How you hated them, how you fought against taking them.

With our children it's different. Mothers who cling to the old form of physic simply don't realize what they do. The children's revolt is well-founded. Their tender little "insides" are injured by them.

If your child's stomach, liver and bowels need cleansing, give only delicious "California Syrup of Figs." Its action is positive, but gentle. Millions of mothers keep this harmless "fruit laxative" handy; they know children love to take it; that it never fails to clean the liver and bowels and sweeten the stomach; and that a teaspoonful given today saves a sick child tomorrow.

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly on each bottle. Adv.

She Went.

"See how I can count, mamma," said Kitty. "There's my right foot. That's one. There's my left foot. That's two. Two and one make three. Three feet make a yard, and I want to go out and play in it."

FALLING HAIR MEANS DANDRUFF IS ACTIVE

Save Your Hair! Get a 25 Cent Bottle of Danderine Right Now—Also Stops Itching Scalp.

This, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff—that awful scarf.

There is nothing so destructive to the hair as dandruff. It robs the hair of its luster, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink loosen and die—then the hair falls out fast. A little Danderine tonight—now—any time—will surely save your hair.

Get a 25 cent bottle of Knowlton's Danderine from any store, and after the first application your hair will take on that life, luster and luxuriance which is so beautiful. It will become wavy and fluffy and have the appearance of abundance; an incomparable gloss and softness, but what will please you most will be after just a few weeks' use, when you will actually see a lot of fine, downy hair—new hair—growing all over the scalp. Adv.

It doesn't take a woman long to get wise to a man's actions after marrying him—then she proceeds to call his bluff.

They stop the tickle. Dean's Mentholated Cough Drops stop coughs quickly. A pleasant remedy—5c at all good Druggists.

Once in a while a woman wears a hat that actually looks like one.

Always sure to please, Red Cross Ball Blue. All grocers sell it. Adv.

In Alaska women have full suffrage without opposition.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. SELLERS, Acting Director of Sunday School Course Moody Bible Institute, Chicago.)

LESSON FOR FEBRUARY 28

SAMUEL, THE VICTORIOUS LEADER.

LESSON TEXT—1 Samuel 15:17. GOLDEN TEXT—Hitherto hath Jehovah helped me—1 Samuel 7:12 R. V.

Having prepared a "guilt offering," 6:49, the Philistines started the ark back towards Shiloh. As a punishment for their sacrilege and perhaps for their boastful pride, God punished the men of Beth-Shemesh and finally the ark finds rest in the house of Abinadab, 6:10-21, 7:1, 2. For 20 years Israel was under discipline in bondage, v. 2.

I. "And Samuel spake . . . saying," vv. 3-5. It is possible that at times Samuel was a fugitive, but that he was praying, teaching and preaching "the word of Jehovah" we are assured. At last Israel was "drawn together," v. 2 R. V. margin. Undoubtedly Samuel's pure life and his faithful witnessing had as much to do with this assembling as did the oppression of the Philistines. Samuel told the people plainly that in order to be delivered from the Philistines Israel must "return unto Jehovah with all your heart." The putting away (judging) of sin and all idols is the first step of any real, genuine repentance towards God, Isa. 55:7. When Israel adopted Asherah and the "strange gods" they possibly did so with no thought of forsaking Jehovah, but rather with the idea of "enriching" their worship. Such liberality, such a federation of religions is weakening to the cause of faith, Matt. 6:24, 1 John 2:15, James, 4:4. Samuel might be called "narrow," but his exhortation to Israel that they return to the love and worship of Jehovah, to the obedience of his laws with whole-souled devotion, was the first, and the most essential requisite to their freedom. Israel's response (v. 4) meant not alone self-denial, but a revolt against the Philistines. This meant also the giving up of amusements and profits which might accompany such worship. The word "heart" includes the will, affections, motives and powers of soul. Not merely a surface emotion, but a deep change of heart and character. It is sad to recall that this was a reformation, not a regeneration (ch. 8:8), but such is the history of an emotional reformation. One day, however, we shall see that one will last, Rom. 11:26. Samuel is a type of Christ as a prophet and also as an intercessor, Heb. 7:25. Gathering the people at Mizpah ("a lookout") he caused the people to look to God. Such a gathering was an evidence of that unity of the people of God which must ever precede prevailing prayer, Ps. 95:6, Heb. 10:25. The meeting began by a prayer by Samuel who was nearest to God. They then poured out water upon the ground, a symbol of their utter helplessness, also of the pouring out of their hearts before God, II Sam. 14:14; Ps. 62:8. Israel also "fasted"—an expression of sorrow for sin which was so deep that they could not eat, and a sign of the humiliation of self and an earnest desire to find God, Dan. 9:3, Acts 13:2, 3.

II. "And Samuel offered . . . a burnt offering," vv. 9-12. Twenty years of bondage bred a spirit of fear in the hearts of the Israelites and in their extremity they turned to Samuel to intercede for them. Christians have a better one as their intercessor, I John 2:1; Heb. 7:25; Rom. 8:34. Israel no longer places its trust in an outward symbol as when formerly they sent for the ark, ch. 4:3. All real prayer is preceded by sacrifice, and the only ground we have upon which to approach a holy God is to shed blood, Heb. 10:19, John 14:6. This is also a type of entire consecration. The lamb of Samuel's sacrifice is a type of our Christ who entered into God's presence for us "by his own blood," Heb. 9:11, 12. Having thus properly approached God, Samuel cried for Israel, and "The Lord heard him," John 17:9. In the midst of this the Philistines gave battle (v. 10) even as Satan often makes his fiercest assaults upon us in the midst of our holiest exercises. God "thundered with a great voice," v. 11, marring, bringing discomfiture and fear to the enemy, I John 5:14.

The Heart of the Lesson. This lesson is a great revelation of the power and effectiveness of intercessory prayer. "Moses and Aaron among his priests, and Samuel among them that call upon his name," Ps. 99:6, seems to place Samuel at the head of Israel's intercessors even as Moses and Aaron led the prophet priests. Prayer for others is not only a duty, but a privilege and joy as well. Too few Christians are interceding for others. The sincere prayer for others is inevitably followed up by service for others, even as Samuel's prayer was followed by his service leading Israel. This lesson also emphasizes the need of appreciation of God's mercies. Abraham erected his altars; Jacob and Joshua erected memorial stones to recall signal blessings; Samuel calls the one he erected "Ebenezer," for "Hitherto hath Jehovah helped us."

A Natural Fear.
Old Hound—Come, come! What are you shivering about?
The Pup—Why, I just heard the master say he'd have to put me through the mill.
Old Hound—Yes; he's going to train you for the hunting.
The Pup—Oh! I thought he meant the sausage mill.—Pittsburgh Dispatch.

SELF SHAMPOOING

With Cuticura Soap is Most Comforting and Beneficial. Trial Free.

Especially if preceded by touches of Cuticura Ointment to spots of dandruff and itching on the scalp skin. These supercreamy emollients meet every skin want as well as every toilet and nursery want in caring for the skin, scalp, hair and hands. Sample each free by mail with Book Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Remark Hard to Explain.
Everyone had gathered in the drawing room after dinner, and all were feeling contented with themselves as well as at peace with the outside world, when it was suggested as a pastime that every lady should state the gift she most coveted, and the possession of which she would most prize. With prompt acquiescence each registered her choice. Mrs. Wellman wished for the most exquisite jewels extant, Mrs. King desired to be the best-dressed woman in society, Mrs. Drayton preferred to own the handsomest turnouts, while Mrs. Smith craved popularity. Robinson, springing from his chair, exclaimed: "Heavens! don't any of you care for beauty?" Some of them still think it was intentional.

Safety First.

John Sharp Williams stepped out of the senate chamber in response to the card of Bob Gates, who is a Washington correspondent of distinguished appearance and much political sapience.

Bob asked him a number of questions and then, in parting, he asked:

"By the way, Senator, have you got a good cigar about you?"—putting the request under the head of unfinished business.

"No, I haven't but one left—and I just now bit the end off it preparatory to lighting it," replied John Sharp.

"If I'd just been a minute or two sooner—" suggested Bob.

"Not exactly," said the senator. "The fact is, when I started out here I bit the end off the cigar just for fear you might ask for it."

His Point of View.

"What is your idea of matrimony?" asked the fair maid who was still occupying the anxious seat.

"Well," rejoined the wise chap who had balked at the hurdle, it's probably all right for those who haven't enough worry."

Pa's Vindictiveness.

"George, father has failed."

"That's just like him! I told you all along, darling, that he was going to do all he could to keep us from being married!"—Stray Stories.

Falmouth is probably the oldest port in England. It was used by the Phoenicians at least 2,500 years ago.

LABOR PERIODICALS TO HELP

Campaign Against Tuberculosis Will Shortly Have a New and Important Ally.

A new campaign for closer co-operation with labor unions and other groups of workmen is announced by the National Association for the Study and Prevention of Tuberculosis.

A committee has been appointed with Dr. Theodore B. Sachs, president of the Chicago Tuberculosis Institute, as chairman, to formulate plans for immediate and future action. Other members of the committee are Samuel Gompers, president of the American Federation of Labor, Washington; George W. Perkins, secretary of the International Cigar-makers' union, Chicago; John Mitchell of the New York state compensation commission, New York; Austin B. Garretson, president of the Brotherhood of Railway Conductors, Cedar Rapids, Iowa; Dr. William Charles White, medical director of the Tuberculosis League of Pittsburgh, and Dr. David R. Lyman, superintendent of the Gaylord Farm sanatorium, Wallingford, Conn.

As the first step in the campaign a special health bulletin has been prepared for the labor papers and will be sent out monthly in co-operation with members of the International Labor Press bureau.

No Task for Tyros.

One of the men at the front has told us how he tried to milk a cow—without the expected result. This is not an easy task for an unpracticed hand. Leslie Stephen was once on a long tramp in Switzerland, accompanied by his friend, Doctor Morgan. They missed their way and found themselves, parched and hungry, far from any dwelling place. At length they came across a cow, from whom they determined to extract some nourishment, but after trying their best for an hour, each holding on to her horns in turn, they had to abandon all hopes of milk. This, remarks Doctor Morgan, is "one of the very few occasions on which I ever saw Stephen fairly thwarted."

Up to Mother.

The mother of thirteen-year-old Page has a gift for rhyming and a generous nature. The other day Page returned from school with the announcement that each member of her class was expected to turn in a poem on a certain given subject on the morrow.

"Well, that's a very nice subject," replied Page's mother.

"Yes, but, mother," the little girl asked, with innocent assurance, "what are you going to say about it?"

In After Years.

"Beauty," remarked the poetic youth, "may draw us with a single hair."

"During the courtship, yes," rejoined the bald-headed man with a sigh, "but after marriage she is more likely to grab a handful."

Its Accompaniment.

"I have an eye for the stage."

"Then look out you don't get the hook too."

The average man wastes a lot of energy in laughing at his own jokes.

INDIGESTION, GAS OR SICK STOMACH

Time it! Pape's Diapiesin ends all Stomach misery in five minutes.

Do some foods you eat hit back—taste good, but work badly; ferment into stubborn lumps and cause a sick, sour, gassy stomach? Now, Mr. or Mrs. Dyspeptic, let this down: Pape's Diapiesin digests everything, leaving nothing to sour and upset you. There never was anything so safely quick, so certainly effective. No difference how badly your stomach is disordered you will get happy relief in five minutes, but what pleases you most is that it strengthens and regulates your stomach so you can eat your favorite foods without fear.

You feel different as soon as "Pape's Diapiesin" comes in contact with the stomach—distress just vanishes—your stomach gets sweet, no gases, no belching, no eructations of undigested food.

Go now, make the best investment you ever made by getting a large fifty-cent case of Pape's Diapiesin from any store. You realize in five minutes how needless it is to suffer from indigestion, dyspepsia or bad stomach. Adv.

Ignorance Was Bliss.

A raid had been made on a negro gambling house and a dozen inmates arrested. In police court the next morning each of the accused was heard in turn. The last in the row was a large, scared-looking negro.

"Well," asked the judge, "what do you know about this case?"

"Who? W??" asked the negro. "Yes, you."

"Well, I just tell yo'. All I knows about dis case is dat I was dar!"—Green Bag.

Her Preference.

Young Mawks had decided to enlist and go to war, and his wife was objecting.

"But, darling," he argued, "even if I were killed, just think how fine it would be to be the widow of a hero."

"Oh, no, Wilfred," pleaded the young wife earnestly, her mind reverting to a familiar proverb: "I would rather be the wife of a live jackass than a dead lion."—Judge.

Smallpox Stamped Out.

Of 3,164 deaths in the great epidemic in Montreal 85 per cent were of children under ten years. It is estimated that 60,000,000 persons died of smallpox in Europe in the eighteenth century. The disease is practically stamped out now in civilized countries. Doctor Rotch reports that in Boston in 15 years there has been no death from smallpox in children vaccinated.

Decidedly Unneutral.

Mrs. Knicker—Is your husband neutral?

Mrs. Bocker—No; he blows up every bridge I give.

The Reason.

"The man who uttered those forged notes made a very clumsy job of it."

"Oh, but, you know, he stuttered."

Wise Old Ben Franklin

Said—

"A penny saved is
a penny earned."

With the price of beef and wheat soaring higher and higher, the problem of economic living is causing many housewives to consider food values in planning meals.

For years many have known, and others are now finding out, the true economy in



Grape-Nuts

This food, the true meat of wheat and barley full of Nature's richest nourishment, builds nerve and muscle, bone and brain, in a way that has thoroughly commended it the world over.

A package of Grape-Nuts—fully cooked, ready to serve, and sealed in its weather-proof and germ-proof wrapping—can be had from any grocer. No rise in price!

Grape-Nuts, served with milk, cream or fruit, gives satisfaction, sustaining food value, true economy, and proves itself a family friend.

"There's a Reason" for Grape-Nuts